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- Heads Up!
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- ...and so much more!





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- ⇒ **GLORIA HILDEBRANDT** - Writing for Magazines
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Owen Sound & North Grey Union Public Library



THE GINGER PRESS

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Established in 1994 and revived in 2020, The Owen Sounder is an independent community magazine which is written, designed, published and distributed right here in Owen Sound. Established in 1993, MOSAIC continues to encourage and support all the local arts and entertainment. Current and back issues also available at www.theowensounder.ca

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about the front cover:

Piping plovers, an endangered small shorebird, nest at Sauble Beach in early May, when there are few predators or people around. By June, just when the chicks hatch and hit the ground running, the beach gets busier. Volunteers watch over the chicks to try and protect them, as well as educate the public about the birds. Local artist Sarah McComb Turbitt's painting of the plover will be included in her exhibition at Grey Gallery (March 7 to 30) of endangered species; it is a fundraiser for Wildlife Preservation Canada.

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FROM MY DESK

Welcome to spring! As usual, we've compressed so much into this issue, it feels like the pages can barely contain our community. Here at The Ginger Press, we're looking ahead to what could well be our busiest year ever. In addition to four issues of this magazine, we've also launched an online publication in partnership with Miranda Miller. *The Owen Sound Current* provides subscribers with very up-to-date news and views about what's happening in and around Owen Sound. Check it out at owensoundcurrent.com.

And books! We will be publishing lots and lots of new books in 2024! Coming up soon will be a couple of new books from Richard Thomas: the first celebrates the 50th anniversary of the *Chi-Cheemaun*, and the second will explore the history of the King's Royal Hotel, the remarkable, opulent 100+ room resort built just north of Owen Sound, which opened in 1902 and was demolished in 1916. Described as "Canada's Most Modern Summer Resort" the King's Royal will also be the subject of the feature exhibit this summer at the Community Waterfront Heritage Centre.

We are also working on new spring books from Lili Anne Holding (author, *Mythos* and *Oykos*) as she concludes her history of the local Greek community with *Bios*; and George Auer (author *Soldiers of the Soil* and *The Day the Ravebeek Ran Grey*) with *An Indomitable Spirit: The Life and Times of Major Homer Jukes, DSO, MC*. Another new book this spring will be Gwen Lamont's memoir *View from Coffin Ridge: A Childhood Exhumed*. And so much more...stay tuned!

- Maryann

WORDSHOP 2024

Once again, The Ginger Press has partnered with the Owen Sound & North Grey Union Public Library to bring you Wordshop 2024. This one-day event for writers at every stage of their career brings a wonderful range of sessions from a great roster of local experts. Check left for the full line of options. Wordshop is also a great opportunity to connect with other local writers, showcase your work at the open mic, browse the book table which features books from the presenters, and recharge your writing. Register now at the Library!

COMMUNITY WATERFRONT HERITAGE CENTRE

JAN CHAMBERLAIN • • • • •

We've got something to celebrate in 2024! The city turned over the keys to the former Marine and Rail Museum in the spring of 2014, after a strong community campaign to save the then 30-year-old museum. Now, 10 years later and after many volunteer hours and much community support, the Community Waterfront Heritage Centre (CWHC) has arrived at a 40-year record of holding our museum as the keeper of our past marine, rail, and industrial history.

Our Annual General Meeting will be held at 7:00pm on Wednesday May 8 at the Branch 6 Legion in Owen Sound. Guest speaker Richard Thomas

will give a talk on the former King's Royal Hotel at Balmy Beach, which will be featured in the CWHC summer exhibit as well as his upcoming book. We'll also be updating our *30 for 30* special edition keepsake book to *40 for 40*; this new book will highlight 40 artifacts and 40 special contributors to the CWHC. It will be launched at the AGM.

Several special events will be held throughout 2024 to "Make Memories at our Museum." You continue to generously donate memorabilia from our past and throughout this celebration year we'll be highlighting many artifacts in special pop up



displays throughout the community which highlight the cultural role this museum plays.

Everyone is welcome to attend the AGM with Richard Thomas. For more information on the CWHC, contact <https://waterfrontheritage.ca/> or email info@waterfrontheritage.ca. Thank you for your support.



You are invited to join The Helpers,

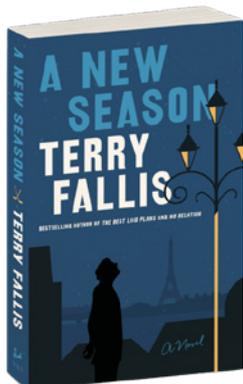
our monthly donation program that supports all the work and programs that make a difference in our community.

Throughout March, if you create a new monthly gift of \$20 or more in support of United Way Bruce Grey through CanadaHelps, they will make a one-time extra \$20 donation to your United Way! This could become a meal for a family, a week's worth of wood pellet heat, two packages of period supplies, or so much more!

Sign up today at www.thehelpers.ca.

TERRY FALLIS IN KIMBERLEY

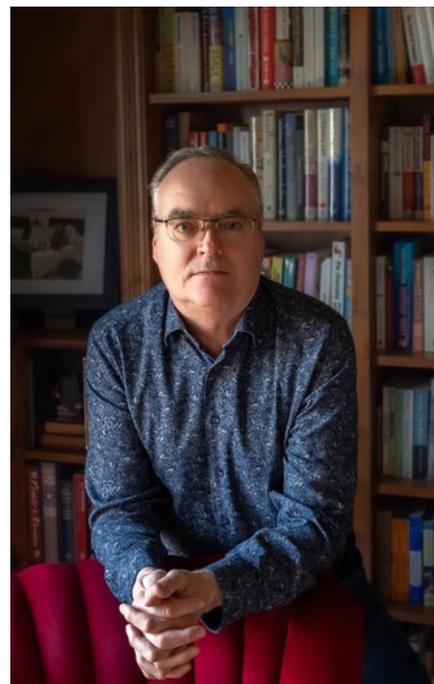
JANET POUNDER



Author Terry Fallis will read from his most recent novel *A New Season* at 2:00pm on Wednesday May 8 at the Kimberley Community Centre in the Beaver Valley. Hosted by the Grey Highlands Probus Club, this event is part of their ongoing programming to provide social events throughout the year.

Unlike Terry's other books, *A New Season* is a thoughtful exploration of aging, loss, family, friendship, and love, written with his trademark humour and heart. This is the ninth book written by the bestselling author who has been awarded the Stephen Leacock Medal for Humour twice.

The Grey Highlands Probus Club is a social club that provides regular gatherings for people who appreciate and value opportunities to meet others from the Grey Highlands area wanting to pursue similar areas of interest. Over 20 activity groups provide opportunities for members to meet new people, make new friends, pursue common interests and discover or try out new ones. Participate in as few or as many activities as you like, no experience is required. Activities range from book and bridge clubs, cycling or snowshoeing, to a writers' group and everything in between. More information is available at <https://greyhighlandspubus.club>.



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LEARN TO MEDITATE

Laura Lane

Have heard that meditation is good thing that could better your life but you don't know how to do it? Have you heard that prayer and meditation go together but you have only figured out the prayer part? Not sure that could just sit and be quiet for 5 minutes because your mind goes a mile a minute? Courage Coach Laura Lane addresses all those concerns in her half day and full day Soul Chocolate meditation retreats. With over a decade in experience teaching women of faith how to incorporate meditation into their daily life, in a way that fits harmoniously with their beliefs, Laura guides her participants on how to find moments of quiet reflection no matter how hectic life seems. Register now for her full day retreat May 25 hosted in beautiful South Bruce Peninsula. Registration is limited: \$247 early bird price; includes healthy meals, a luxurious day of pampering, gentle exercise, relaxation, instruction, and guided meditations at www.lauralane.ca/soul-chocolate-retreats or contact laura@lauralane.ca for more details.

CLOTHESLINES: RIBBONS ACROSS THE SKY

DYAN JONES • • • • •

The ordinary arts we practise everyday at home are of more importance to the soul than their simplicity might suggest.

- Thomas Moore, Irish poet

This exhibition brings together three distinct artists, Susan Lindsay, Heather Murray and Dyan Jones, as they explore the clothesline as a point of convergence between domesticity and civil disobedience. From political bans to aesthetic symbolism and environmental responsibility, each artist approaches the subversive power of the humble clothesline through their own creative processes to present a visual dialogue that brings the outdoors into the gallery. Please hang out with us in celebration of the clothesline, opening at the Durham Art Gallery, Saturday May 11, from 2 – 4pm. Scatter the Cats will be musical guests at the opening.

The clothesline brings beauty and movement to the landscape. An art form of the commonplace, it is an endearing symbol of everyday life which can evoke sensory connections and rooted emotional memories. There is a simple humility to the clothesline yet the aspects of form and function can raise it to a loftier consideration. This gentle trademark of home claims other distinctions. Quilts hung on a wash line were a subtle communicator of the Underground Railroad, signalling the way to freedom through the displayed quilt design symbolism.

It is well documented that wash line users are reducing electricity use, greenhouse gas emissions, and prolonging the life of clothing. Each household can reduce their carbon footprint by one half tonne per year, saving 900 kWh hours of electricity by utilizing free wind and solar energy. Clotheslines inspire global citizenship and responsible living. While pro-clothesline advocates champion these environmental benefits there are those who oppose laundry lines as an aesthetic affront especially to the urban landscape.

Whereas some municipal jurisdictions juggle with these two



conflicting arguments, bans on clotheslines continue to be put into place or withdrawn according to government whim. Who knew that such simple practical domesticity could be considered subversive? There is an international group, The Right to Dry which advocates for the use of clotheslines, endorsed by Dr. David Suzuki.

Clotheslines: Ribbons Across the Sky will be at the Durham Art Gallery from May 11 to July 7. Community engagement and activities are scheduled throughout this exhibition.

WONDERLAND SINGERS SPRING CHOIR

COCO LOVE • • • • •

I'll be leading a local choir again this spring. Wah hoo! It'll be on Monday nights, from 7:00pm to 8:30pm at the Harmony Centre from March 4 to May 20. The Spring Choir will include monthly socials after singing with snacks and chit chat time, as well as a low-pressure, fun concert on Friday May 17. To learn more and register for the Spring Choir, visit <https://wonderlandsingers.com/join-local-choir>. Come sing with us! All are welcome.

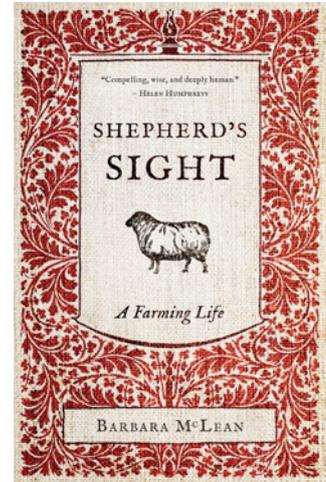
I'll also be hosting a weekend of joyful, soulful and spirit

lifting singing this summer from August 23 to 25 at the Harmony Centre. We will sing a mix of my songs and cover songs focusing on folk, blues, jazz, and soul music. Songs will be taught by ear and I will lead participants in call and response, circle singing, jazz scatting, and other explorations of music in the moment. Participants will have opportunities to improvise, collaborate, explore harmony, rhythm, creativity, and gain greater trust in their own voice and musicality. Details at wonderlandsingers.com.

NEW BOOK

SHEPHERD'S SIGHT: A FARMING LIFE

BY BARBARA McCLEAN



Grey County sheep farmer Barbara McLean will launch her second book, *Shepherd's Sight: A Farming Life* at 2:00pm on Saturday March 23 at the Durham Art Gallery. Everyone is welcome to attend.

For over 50 years, McLean has tended a flock of Border Leicester sheep on her small farm. In *Shepherd's Sight*, she shares the crises, pleasures, and challenges of farm life over the course of a year. Now in her 70s, McLean faces

a new problem: How much longer can she continue with the physically taxing work that is her central source of meaning and satisfaction?

Through her unsentimental gaze, we witness the highs and heartbreaks of delivering and rearing lambs, the shearing and spinning of wool, the wildlife in the woods (and occasionally in the house), and the garden produce moving from seed to harvest to table. Even after half a century on this land,

McLean is still making fresh observations, and she shares them evocative, elegant prose. As she moves through the calendar year, she also reflects on years past, offering a long view on climate, stewardship, and agriculture.

Copies of *Shepherd's Sight* (\$26.95) will be available at the launch and in local bookshops throughout the region.

UPWARDS!

AMELIA KRAEMER

We're excited that spring is in the air! Grey County certainly has been grey. We're very fortunate to have such a colourful and vibrant store and studio to work in and for you to visit. Spring brings us all out of hibernation and we have many different workshops to tempt you.

Encaustic painting is a continued focus and we offer workshops for the absolute beginner and the experienced artist alike. This painting process can be traced back to ancient Egypt's Hellenistic period. A combination of beeswax and tree resin is melted together and then coloured pigments are added. Painting is then done with this molten liquid on a rigid board. Throughout the process, additional heat needs to be applied using a blow torch. As in any other medium, different styles can be accomplished. Try one of our workshops to explore this fascinating process.

Mixed media, gelli-plate printing, and collage are also featured workshops at our studio. Create a mixed media painting in as little as two sessions. Learn to make your own unique collage papers in our biweekly Collage Fodder class with different techniques each session. Learn how to create one of a kind gelli-plate prints that can be mounted, framed, or used to make cards. We have daytime, evening, and weekend

adult classes.

Our workshops range in length from 1.5 hours to multiple days. Are you an artist who works alone most of the time? We have lots of open studio possibilities. Are you looking for a community of artists who like to explore the process of creating? Sign up for our Creative Conversations: Exploring the Artistic Journey. Looking for a community of artists who will share your triumphs and challenges? Check out our Creative Accountability class. What about learning the ins and outs of the business of art? We offer The Artful Entrepreneur: Navigating the Business of Art to help you in your journey.

Our popular programming for the kiddos continues with Art After School for children grouped in ages 5-8 and 9-12. Plans are underway for our summer workshops. We offer a variety of different classes that are 1.5 hours in length on different days of the week throughout the summer for 7 to 12 year olds.

Check out what we have to offer, as well as our online store at: <https://upwardsartstudio.com/>. We are located at 975 2nd Ave East in Owen Sound's River District. Phone (519) 370-0448.

VERSIFICATION CAFÉ

BY EMMA RADSTAKE

I wiped down the counter for the umpteenth time on a drizzly October morning. Working in a café provided me with two joys: One, the ability to make a clean counter even cleaner by wiping it during slow spurts in a day, and two, getting a glimpse of how other people lived their lives. One could call it people watching, or stalking. But it's not that. I'm not creepy, just observant. It let me practice my storytelling, or fictitious versification, as I liked to call it. The old man who sat in the corner by the window reading his paper. The married couple who sat by the fireplace arguing emphatically. Or take for instance the boys' soccer team that came in once a week for hot chocolate. They let me in on a taste of what they did each day. The old man, Al, was eighty-three. Everyday, at nine o'clock, he ordered a large coffee, one cream, two Splenda, and read his paper. He would then go visit his wife in the nursing home. Being that he came daily, meant that the coffee shop was at least one stanza in his life story. A drunken lawyer. A kindergarten teacher. College students who added one-too-many espresso shots. I thought I had seen it all, been placed in many stanzas, and lived through much fictitious writer's block.

Until I met Byron. He was tall, lanky, and had creamy-dark skin. He loved to talk, to lyricize. This proved true in our first interaction. It was a normal Wednesday morning. I was working alone, and it was bright and sunny, meaning the normal drip coffee group wasn't in. Al was still faithfully reading his newspaper by the time Byron walked in. I said my usual spiel.

'Hi. I'm Nadia. What can I get started for you today?' At this point, any normal person would tell me their order, and that would be that.

'Turn back, o' desperate soul, for shalt I end up before thee?'

I stared at him blankly. 'What does that mean?'

'No idea.' He smirked. 'Say, Nadia, what do you recommend me getting?'

'The coffee here is good, I guess,' I said back.

'You guess? Aren't you supposed to sell me on these sorts of things?'

I smirked. I didn't know if he was joking, or a sales critic. 'That's not my job. Just tell me what you want. I don't make the decisions.'

He pondered what I said for a minute, and then smiled. 'Okay, I got it. Iced chai. Honey instead of sugar. And some whipped cream on top if you can.'

'You don't take me for the iced chai type,' I said. A smile

crept onto my face.

'Appearances are deceiving.' He slid me a five-dollar bill, still grinning. 'Keep the change, Nadia.'

That's where it began. He'd come in, every-other day, with the same order, an iced chai latte with honey and whipped topping. He'd order with a smirk on his face, and a random line of poetry. He'd stay in the shop for hours, writing in a notebook, in the same seat Al often sat in. After a few weeks of this routine, I sat myself next to him during my break.

'Hello Nadia,' he said, without looking up.

'What are you writing?'

'I just write,' he replied. 'Poetry, mostly. The world is big enough to lyricize about almost anything.'

'Can I see?' I was curious.

'No, it's for my creative pleasure. One day, Nadia, when it gets published, you can read it.' We sat in silence for a while as he wrote. 'Tell me about yourself,' he said randomly.

...read more at <https://www.osngupl.ca/write-your-library>

THE ONES BEYOND

BY KARDIN PENNER

Last purple twilight rays through leaves reflect
The dying sunset off the glossed grey stones
The beams of flying light do intersect
The ghosts who are now free from earthly homes

Not vile is this cooling eve'ning air
That dances nimbly through the maple leaves
Instead 'tis sweet of silent spirits fair
Who left behind the ones on Earth who grieve

And as the twilight starts to fade away
And moon begins to light the darkened graves
I wonder of the ones who choose to stay
And wait for those beyond the dirt and waves

We must leave in silent memory
The ones who were, and think of ones to be.

ELGB NEEDS YOU! NOW!

KEL SMITH

I've drafted quite a few newsletters, and this is probably the most important one. Eat Local Grey Bruce (ELGB) is teetering on the edge of existence, and we desperately need your help. We need more orders. And we need them now. The TLDR (too long, didn't read) version is this: We need 10-15 more weekly orders, or we will need to close down the cooperative.

Now here's the long version: The last year has been a journey for board members, staff, and volunteers alike. After facing insolvency, we poured our hearts and souls into rebuilding this co-op. There have been so many successes! The doors are open, we are operating without accruing debt, we have streamlined, we have connected with new communities, and we are providing volunteer opportunities for local schools. There is so much to celebrate.

Alas, now is not a time for celebration because we risk losing it all. We have fallen short of our 100 orders per week goal for the last few weeks, which means that things need to improve NOW in order to continue operating the co-op. There's no longer a grace period. This is it.

Kristine used the famous line from the Kevin Costner classic *Field of Dreams*: "If you build it, they will come." Well, we've built it, and we are eagerly awaiting you! ELGB is honestly such a unique and amazing model that represents a shared responsibility to create a better food system: it's local, it's a cooperative, and it pays our local food producers fairly. When I dream about a better world (something that I do far too often), this is it! This is the better model that I dream about building. It's right here, right now, accessible to tens of thousands of people in my community, and we risk losing it because we are struggling to find 10-15 more people to welcome into our community of local food resilience. I know you are out there!

When we relaunched last year, almost 200 people committed to ordering regularly, and we have new members signing up every week. 10-15 more orders per week seems

like such a small goal to reach, but it is critical. We need to meet that goal, or we will have to close our doors.

I can't express enough the importance of this little organization. In the face of conglomerates taking over our food systems, independent and ecologically minded producers like our producer members at Eat Local face extinction. Maybe that's a bit dramatic, but maybe not. As Jason shared at our town hall meeting recently, it's an uphill battle for local food businesses. "Why is it that providers of something so universal, so central to the health of our bodies, our lands, our economies and cultures, are statistically unlikely to succeed?" he asked, and it's a worthy question.

Eat Local Grey Bruce represents a way forward that not only provides viable income for our local producers but also access to fresh, local food for our eater members – something that grocery giants are less concerned about over producing record-breaking profits year after year. Eat Local is a way to push back and take control in a way that is collective, communal, and honestly, a lot of fun. So we need to do this together, and this is my call to you: if you also care about local food, if you care about good quality food, if you care about our local farmers and food producers, now is the time to step up. We'd love to have you as part of this community! Get in touch right now at <https://eatlocalgrey-bruce.ca> or info@eatlocalgreybruce.ca. Thanks!



Bruce Trail is for everyone.

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RENT SUPPLEMENTS FOR YOUTH IN TRANSITION

STUART REID

Now entering its second year, Helping Youth in Transition is a multi-year project that addresses the needs of youth, 16 to 24 years of age, facing homelessness in Grey Bruce, through a rent supplement along with counselling and mentoring to ensure best outcomes. The project partners include Community Foundation Grey Bruce (CFGB), United Way of Bruce Grey (UWBG), Grey Bruce Poverty Task Force, YMCA of Owen Sound Grey Bruce, private donors, and other foundations. With originating support from the Laidlaw family and the Laidlaw Foundation, as well as two funds managed by the Community Foundation (The Joseph & Marilyn Hunt Fund, and the Next25 Fund), the project has been able to offer a monthly rent supplement over the past year to the first cohort of twelve youth from across Grey-Bruce.

YMCA Youth in Transition Services delivers the supplement as well as wrap-around services, mentoring, and transitional supports that have the potential to significantly change the life trajectory of participants. The

rent supplement adds to the supports available from the associated County, meaning that youth will have more money in their pockets by association, more freedom, and sovereignty over their situation and finances. The project aims to lend dignity and autonomy to youth in transition.

At the end of year one of the program, YMCA gathered both qualitative and quantitative data from fourteen participants who received the supplement. This testimonial is from Stephanie who is 23 years old: "My rent went up so much this year...I was constantly worried about becoming homeless...and then what? My worker with the YMCA helped me to find an apartment in a smaller town with two bedrooms, one for me and [one for] my daughter who has her own space, too. The supplement each month makes a big difference in the rent and then I am able to afford to take my daughter out every once in a while. The subsidy created more breathing room."

At the beginning of year two, the supplement amount increased by \$50. In the first few months of 2024, three

youth gained meaningful employment and were able to graduate out of the program, allowing others to be supported. Matt Shute, Director of Community Initiatives & Employment Services at YMCA, writes about the broader impact of the supplement: "Our shared communities also benefitted from this systemic approach to homelessness prevention. By offering a modest solution that signifies a way out of the cyclical nature of poverty, the light it affords those most in need benefits us all."

You can be part of this project by making a donation to support the rent supplement. Those with the means, may want to consider a monthly donation on a credit card to help a youth avoid housing precarity and enhance their quality of life and shift to more financial autonomy and stability. Donations can be made online (www.communityfoundationgreybruce.com) to the Next25 Fund, designating direct donations to Helping Youth in Transition, or you can call Stuart Reid at the Community Foundation (519) 371-7203 for more information about giving.

RICHARD THOMAS COMMUNICATIONS

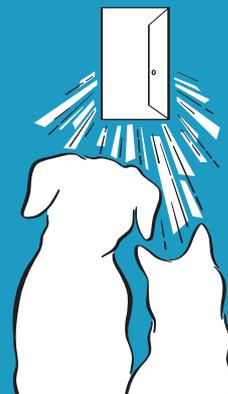


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BRUCE TRAIL IS FOR YOUNG FAMILIES TOO

MARIE KNAPP • • • • •

Most people living here have heard of the Bruce Trail. Some view it as an opportunity to walk or hike in nature either solo or in a group, or as part of their exercise regimen. Walking on uneven irregular terrain helps develop balance and prepares us for aging by reducing risk of falls.

There is another group which benefits from spending time in nature: young families. The Sydenham Bruce Trail Club (SBTC) knows the value of supporting youth and is working on new programs specifically for them. Time in nature helps create a firm foundation in children, by helping build confidence in themselves, building greater respect for nature, and strengthening their values. In some situations it offers the opportunity to take note of naming trees, plants, birds, butterflies.

While several sections of SBTC provide unique features that may be challenging for young children, there are also sections that are easier for walking and intriguing at the same time. Hikers of all ages can learn appreciation for the peacefulness of walking through a cedar forest or the majesty of a diverse deciduous woods with tall oak and maple. They can notice interesting bark on beech trees or the new growth on a fallen tree that has become a nursery for other plants. I still remember the day when we were hiking through a beautiful woods several decades ago. Our youngest, at 4 or 5 years old, stopped, turned to me and said, “Mom! It is like there are two worlds. The one on TV and the one out here.” I was deeply touched.

For more information and upcoming hikes, visit www.sydenhambrucetrail.ca.



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30 YEARS!

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HEADS UP!

DIANE FERGUSON

Mark your calendars for Monday, April 8, for the upcoming solar eclipse. Just this week, both local school boards moved their April PA day to coincide with the eclipse. So if you have vacation time, take the day off and watch the event with your kids.

But please be careful. **DO NOT LOOK AT THE SUN WITHOUT PROTECTION.** There are special glasses you can wear to protect your eyes. Amateur astronomers use filters over their binoculars and telescopes. And if you don't have anything, make a pinhole in a piece of paper and hold it towards the ground so the sun shines through it and you will see reflections of the eclipse happening.

There are two to five solar eclipses a year, so they're not entirely uncommon. However, the path of this year's eclipse runs fairly close to home. Grey/Bruce is not in the path of totality – where the sun is completely covered – but we will see a significant portion of it. One of the best locations in southern Ontario to view the eclipse will be in the Kingston area. They are right in the path of totality. (If you decide to go, plan ahead as you won't be alone!)

But there are other locations you can find in the link at eclipse2024.org.

One of the challenges in viewing eclipses (or doing any astronomy) in southern Ontario is the number of lakes we have. This creates considerable humidity and cloud cover. For true eclipse chasers, the odds aren't good enough here and they'll be travelling to places such as Texas where clear skies are far more likely. They'll setup ahead and do time-lapse photography, wanting to capture the "diamond ring" phenomenon when the sun first peaks out from behind the shadow.

If you're interested in learning more about astronomy, or seeing some of those time-lapse videos from the eclipse, plan to attend Starfest (presented by the North York Astronomy Association, NYAA), which takes place every August just outside of Mount Forest at the River Place Park. Now running for over 40 years, this year's event is August 8 to 11 and registration opens in the spring. For more information, visit: NYAA.CA, and click the link to Starfest. And maybe you'll catch eclipse fever!



Spring into
MORESTON!
Saturday, May 25, 12-4 pm

Members & kids under 5: FREE!
Family pass: \$27.50+tax

GREYROOTS.COM



Wheel & Ride Safety Festival May 25

River District Blooms June 8 to 30

GREY BRUCE PRIDE

Pride Parade June 15

Hottest Street sale July 13

Cars & Coffee September 14

Trick-or-Treat Trail October 26



SCAN ME

@RiverDistrictOS

Owen Sound River District

owensoundriverdistrict.ca



STAY YOUNG AT HEART AND IN BODY!

REENIE FEDUN • • • • •

What do you do to stay healthy, mentally, physically and emotionally? Have you considered contra dancing? It keeps the body limber, exercises the mind – and the laugh muscles! – and you can bring the whole family. Fiddlefern Country Dancers offers dances 10 times a year on the first Saturday of every month (except during the summer when we may organize special events). We welcome folks of all ages.

You might think you have two left feet, but we won't judge! It's not about perfection – it's about enjoying the fabulous live music and your friends (newfound and long-standing), responding to the prompts of the caller, relaxing and having fun. Please bring indoor shoes so we don't damage the beautiful floor at the Harmony Centre.

Recent studies have shown that dancing, especially to patterns, can increase muscular tone and strength; lead to a healthier heart and lungs; improve endurance, coordination, agility, and flexibility; reduce the risk of osteoporosis; help with balance; improve cognitive skills; enhance self-confidence and social skills; and elevate mood.

Do you need other reasons to come dancing? Come on your own, or bring your kids and/or your grandkids or the neighbour's kids and make it a memorable evening. Sharing successful – and wobbly – dance experiences and laughing uproariously builds community and keeps us young!

Come and join us. The next dance will be on Saturday, April 6 from 7:30 to 10pm at the Harmony Centre, 890 4th



Avenue East, Owen Sound. If you're new to contra dancing, plan to arrive a half hour early to learn a few basics – introduction to contra begins at 7pm. Visit fiddlefern.ca, check us out on Facebook, follow us on Instagram @fiddleferncountrydancers or email Donna at pedlinround@gmail.com.

REPAIR CAFÉ

DANUTA VALLEAU • • • • •

In a bid to promote sustainability and empower the community, the Georgian Bluffs Climate Action Team and the Owen Sound & North Grey Union Public Library (OSNGUPL) have partnered to proudly announce the launch of a Repair Café, which aims to reduce waste, revive belongings, and make a tangible difference, one repair at a time.

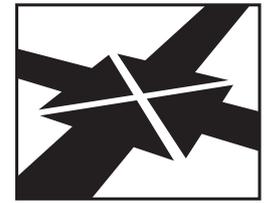
Starting March 9, and continuing every second Saturday of the month from 1:00 to 4:00 p.m., the Repair Café will open its doors at the Library, welcoming individuals to bring in their broken items for assistance with repair, free of charge. Whether it's clothing, household items, electronics, furniture, or bike repairs, skilled volunteers will be on hand to mend and breathe the new life into these items.

"This initiative embodies our commitment to sustainability and community engagement. It's an opportunity for

us all to come together, reduce our carbon footprint, and foster a culture of resourcefulness," says Danuta Valleau, representative of the Repair Café. Moreover, the Repair Café is not just about fixing items; it's also a platform for community interaction. Participants can enjoy refreshments, connect with like-minded individuals, and contribute to a more eco-conscious society.

For those looking to share their expertise and join the cause, the Repair Café welcomes volunteers proficient in various repair skills such as sewing, electronics, furniture restoration, and bike repairs. Interested individuals are encouraged to email GBOSRepairCafe@gmail.com to get involved and become a part of this impactful initiative. To learn more about the Repair Café and its schedule of events, please visit OSNGUPL Repair Café webpage.

WHAT'S NEW AT INTERSECTIONS



PAULA WILLIS • • • • •

Intersections is a non profit woodworking studio in Owen Sound offering wood-focussed learning opportunities through workshops, demonstrations and community events. Nestled in the heart of the River District in Owen Sound, Intersections has become a hub of designing, building, and community around woodworking.

For the beginner, Intersections provides regular workshops to introduce new woodworkers to both power and hand tools, as well as to woodturning. These workshops range from a single day, through to a very popular ten-day course in the foundations of woodworking. Intersections prides itself on offering attentive instruction in a welcoming and well-equipped studio. Our students often return again and again as they discover the joys of this practical and creative art.

This spring, Intersections is featuring workshops for intermediate woodturners with new instructor **Adam Cottrill**, who joins **Carl Durance** to bring even more depth to our woodturning offerings. **Jennifer Hart** also joins Intersections as a woodworking instructor. She has a keen interest in introducing women woodworkers to machines and power tools and brings over a decade of experience in woodworking instruction. New this spring also is instruction on the CNC router, a computer controlled tool that allows for the creation of precise and replicable fine pieces. Our CNC user community continues to grow and we are pleased to be able to offer instruction.

Experienced woodworkers can choose to work independently in the studio during open shop time. From ukuleles to furniture to paddleboards, our workshop can accommodate almost any wood project. Members are also working together on a community project this spring to build benches to furnish the newly landscaped southwest corner of the Owen Sound Hospital property.

Intersections also hosts non-stop informal conversation and peer consultation about woodworking, a robust library of books and magazines to borrow, and special events with guest speakers. Our open hours are Tuesday to Thursday 10am to 3pm and we encourage you to stop by and see what is happening in the studio.

For more information about our upcoming workshops or to join our email list, please visit our website at www.intersectionsstudio.com, follow us on facebook at www.facebook.com/intersectionswoodcollaborative or email us at info@intersectionsOS.org.





River District Academy

**If you're looking to brush up on your skills or learn a new one
The River District is the place to be. For complete class information
and registration, get in touch directly with these businesses today!**

THE GEORGIAN BAY SCHOOL OF THE ARTS

March 9	Get to know your Serger II	\$80
March 9	Stained glass garden spinner	\$320
March 9	Wheel Throwing Bootcamp	\$170
March 11	March Break Creative Arts Camp	\$420
March 11	Absolute Beginner Knitting	\$85
March 12	Handbuilding Clay 5-session	\$270
March 16	Botanical Watercolours	\$90
March 17	Step By Step Acrylic	\$140
March 17	Animal Studies I	\$90
March 17	Pottery Wheel Taster – 1 day	\$170
March 19	Silver & Copper Tapestry Needles	\$75
March 20	Level 1 Clay – 6 Sessions	\$345
March 23	Absolute Beginners Crochet	\$80
March 23	Bookbinding Sewn Board Binding	\$90
March 23	Stained Glass Taster	\$90
March 24	Drypoint II Working in Colour	\$140
March 24	Get to know your Serger	\$80
March 25	Fused Glass Bird Suncatcher	\$85
March 27	Let's Knit Socks!	\$85
March 29	Botanical Sketching I	\$75
March 30	Grapevine Trellis	\$30
March 30	Kokedama	\$30
March 30	Mounted Staghorn Fern or Orchid	\$40
March 30	Silver Tropical Leaf Pendant	\$50
March 30	Mix Your Own Soil	\$30
March 30	Moss Pole	\$30
March 30	Rainfall Watering Jug	\$80
April 3	After School Arts - Fibre Club	\$145

gbarts.ca (519) 371-2200

GREY GALLERY

Wednesdays Life Drawing \$15

greygallery.ca (226) 664-2776

HARMONY CENTRE

Thursdays Community Meditation

Thursdays Square Dancing \$10

Sundays Sublime Yoga \$15

harmonycentre.ca (519) 376-8880

INTERSECTIONS WOOD COLLABORATIVE

March 2 Introduction to CNC Router \$200

March 17 Build a Sled with your
Teen or Team \$350

March 23 Tree to Table Live Edge Bowls \$200

intersectionsstudio.com

OWEN SOUND WELLNESS

April 11 Ditch the Sugar Workshop FREE

owensoundwellness.com (226) 664-0407

RIVERSIDE YARNS

Wednesdays Knitting Clinic with
Joan Spence \$15

riversideyarns.ca (519) 371-4311

UPWARDS ART STUDIO

March 1 Creative Accountability-6 Sessions \$90

March 2 Fiery Brushes:
Exploring Encaustic \$100

March 4 Art After School: Ages 5-8 \$160

March 6 SoulCollage: Going Deeper \$90

March 7 Creative Conversations \$30

March 8 Collage Fodder Creation Series \$45

March 9 Exploring Encaustic Photography \$400

March 11 March Break Kids Art Workshop \$30

March 15 The Artful Entrepreneur \$30

March 19 Gelli-Plate Printing Workshop \$120

upwardsartstudio.com (519) 370-0448

**Complete River District Academy information also at
owensoundriverdistrict.ca**

An Owen Sound Little Theatre Production

SOMETHING ROTTEN!

Book by
Karey Kirkpatrick and John O'Farrell

Music and Lyrics by
Wayne Kirkpatrick and Karey Kirkpatrick

Concieved by Karey Kirkpatrick and Wayne Kirkpatrick

Director - Kathleen Cassidy
Musical Director - Gordon McConachie-Anderson
Choreographer - Paula Mercer

April 11-13, 18-20, and 24-27
at 7:30pm
April 14 at 2pm

THE ROXY THEATRE - 251 9th Street East, Owen Sound
www.roxytheatre.ca 519-371-2833

From the creative team that brought you
OSLTS
MONTY PYTHON'S SPAMALOT

THE ROXY Owen Sound Little Theatre | TOM | TOM THOMSON ART GALLERY PRESENTS:

Owen Sound's Reel Festival

March 2

3 FILMS!
1 DAY!

"An amazing slice of Canadiana served up with a footsy and earthy vibe!"

"Lively music, impressive backdrops of Tom's paintings and new hints about the mystery of his death. Highly recommended!"

"Canadian to the core, a rich story told beautifully!"

"Brilliant! ... Loved the presentation, the story -- and especially the twist ending!"

TOM

THOMSON'S WAKE
AN ORIGINAL FOLK MUSICAL

THE ROXY Owen Sound Little Theatre MAY 3, 2024
ROXY THEATRE

A Roxy Young Company Production

The Addams Family

June 8, 14, & 15 at 7:30pm

June 8 & 15 at 2:00pm

A NEW MUSICAL COMEDY

Book by Marshall Brickman and Rich Elice

Based on Characters Created by Charles Addams

Music and Lyrics by Andrew Lippa

Director: Grace McRae

THE ROXY THEATRE - 251 9th St. East, Owen Sound
www.roxytheatre.ca 519-371-2833

NOTE FOR NOTE

LED ZEPPELIN II

CLASSIC ALBUMS LIVE

May 4, 2024

CUT FOR CUT

THE ROXY Owen Sound Little Theatre