the owen sounder



vol. 5 no. 3 autumn 2023

combining two great community magazines in one great issue!

FEATURING:

- Wellness Walkabout!
- Bruce Trail Day!
- Historic Downtown Walking Tour!
- Wonderland Singers!
- Words Aloud Poetry Festival!
- Writing for Fun and Money!
- ...and so much more!

DOWNTOWN WALKING TOUR

1 LEGATE BUILDING 790 2nd Ave East

This structure was built for William Legate in 1906, with shops below and apartments above; he established the Owen Sound Furniture House in 1914.

2 CITY HALL 808 2nd Ave East

The original Town Hall, built here in 1868, included an 8-sided cupola with a clock reading 9:03; it was correct twice a day! Replaced in 1920 with a 4-sided clock tower to commemorate the City's incorporation which was gutted by fire in 1961. The present City Hall was built in 1965.

3 COULSON BRITISH HOTEL 801 2nd Ave East

Three years after his arrival in 1854, J.P. Coulson opened Coulson's British Hotel, our first major hotel with 80 rooms, stables, dining rooms, a bar, and a women's parlour.

4 PARKER'S DRUGSTORE 854-856 2nd Ave East

Originally the home of Parker's Drugstore, (part of Upper Canada's first drugstore chain, Rexall), this building became our first telegraph and telephone exchange, later taken over by Bell.

5 FULFORD HARDWARE 874 2nd Ave East

Edgar Allan Fulford was born in Sydenham Township. He opened his first hardware store across from City Hall, and moved to this location in 1941.

6 COATES & BEST BUILDING 883 2nd Ave East

Built in 1902 for Edgar Creighton. J.P. Coates opened his stationery store here before WWII, then went into partnership with Morley Best to create Coates & Best.

7 ROXY THEATRE 251 9th St East

Built in 1912 as The Grand Opera House, it was purchased in the 1920s by John Griffin and renamed Griffin's Theatre. With further renovations in 1948, it became an Odeon Theatre. The Owen Sound Little Theatre, formed in 1961, bought the building in 1986.

8 OLD POST OFFICE 291 9th St East

Built in the Beaux-Arts style as a Post Office in 1910, the building was sold in 1958 and now contains commercial and residential units. The main floor is constructed of rock-faced limestone; the second is ashlar (smooth faced stone); and the third has alternating pediment and curved-roof dormers.

9 DAMNATION CORNERS 10th St at 3rd Ave East

Known as Damnation Corners, four hotels stood here, one on each corner. A block east, you will find Salvation Corners, where four churches still stand.

10 CHICAGO BUILDING 279 10th St East

Typical of late 19th-century commercial buildings, this is a mix of late Victorian revival styles.

11 SLOAN BUILDING

229 10th St East Irish-born John Sloan constructed this building around 1867, as a melodeon factory and sales outlet. He lived upstairs with his family until his death circa 1892.

12 SELDON HOUSE 1005 2nd Ave East

Built in 1887 as a hotel with 44 rooms, 3 parlours, a bar, dining room and commercial sample rooms, from 1904 to 1937 it was operated by daughters of Mrs. R.J. Doyle – a founder of the Women's Christian Temperance Union – and did not serve alcohol.

13 SUPERIOR BLOCK 1002 2nd Ave East

Built around 1880, this 3-storey, 6-sided building was named the Superior Block and later the Griffith Block for John Charles Griffith, who came to Owen Sound in 1875 and established a tannery and a harness shop.

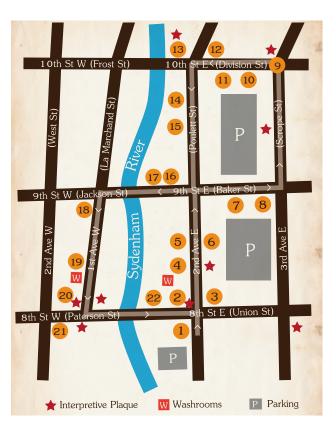
14 COMMERCIAL HERITAGE BUILDINGS

958/966 & 992 2nd Ave East These buildings are typical of 19th-century Ontario main streets. Arthur Woods Manley, a chemist, opened his business here in 1885; in the 1940s it was Cecil McLeod Drugs.

15 MCKAY BROS. LTD. STORE 942 2nd Ave East

Built in 1905, this 3-storey Beaux-Arts building originally housed Ryan Bros dry goods store. That year the four McKay brothers arrived and set up across the street. Due to stiff competition, the Ryans sold out to the McKays in 1924 for \$60,000. McKay Bros operated until 1989.

16 F.N. D'ORR LePAN STORE 132 9th St East



Irish immigrant Frederick Nicholas D'Orr LePan purchased a lot on the NW corner of 9th Street and 2nd Avenue East in 1848 for \$150. He built a 2-storey structure and opened a general store; it moved to this location in 1905 and was demolished in 2006. The new building here sports a replica boomtown front much like the original store.

17 OWEN SOUND GARAGE 80 9th St East

Built in 1911 for Kilbourne Real Estate, this became the home of the Owen Sound Garage owned by H.H. Bowman, dealer in Ford and Oakland cars. Automotive-related services continued to be offered from this site into the late 1970s.

18 WOMEN'S CHRISTIAN TEMPERANCE UNION 898 1st Ave West

This structure was built from limestone cut on site in 1865 for a Congregational Church; many members were escaped slaves. In 1882 it was purchased as a meeting hall for the WCTU, which got its start in Owen Sound. A Lutheran Church in 1943, then a Christian Science Society in 1963, it passed into private hands in 2006.

19 TOM THOMSON ART GALLERY 824 1st Ave West

Established in 1967 as a memorial to Tom Thomson, the gallery houses a nationally significant collection of his works and artifacts. Completely renovated in 1988, it features exhibition halls, art storage, an educational studio, and atrium.

20 OWEN SOUND & NORTH GREY UNION PUBLIC LIBRARY 824 1st Ave West

A Mechanics' Institute lending library had existed since 1855, but free public library service was not available until this building opened in 1914 with an Andrew Carnegie grant. The addition dates from 1972. The original building was restored in 2003.

21 KENNEDY TERRACE 791-795 2nd Ave West

This site originally housed Heap's Furniture Factory, a board & batten building on a stone foundation, then a fanning mill factory. In 1900, after the factory burned down, contractor J.C. Kennedy built this terrace on the original foundation.

22 WATERWORKS/MARKET BUILDING

110-114 8th St East The Market Building was constructed in 1868 as a private waterworks and taken over by the town in 1890. It is believed that some of the earliest church services for Blacks were held here. It became a farmers' market in 1935. The surrounding site has been in continual use as a market for over 160 years, open year-round every Saturday.

the owen sounder and

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Established in 1994 and revived in 2020, The Owen Sounder is an independent community magazine which is written, designed, published and distributed right here in Owen Sound. Established in 1993, MOSAIC continues to encourage and support all the local arts and entertainment. Current and back issues also available at www.greybrucemosaic.com and www.theowensounder.ca

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about the front cover:

This image is from local artist Louise Moore's reinterpretation of William Wilfred Campbell's poem Indian Summer for young readers (see page 15).

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FROM MY DESK

Welcome to Autumn 2023. We are looking ahead to this time of transition, the shoulder season between summer's bounty and winter's time of reflection.

We continue to face significant challenges here in Owen Sound and throughout Grey-Bruce. Each day seems to bring a new tsunami of issues and events large and small for us to endure. Susan Estabrooks, owner of London's excellent Mandala Book Shop, recently passed along this quote from Octavia Reheem's book *Pause, Rest Be:* "There is no way to apply existing logic here. There is no sense or meaning to make. There is no normal to idealize and place on a pedestal. There is only the ground you are sitting on and even that feels like it is crumbling. Sink into the ground. You are a seed."

To that end, I hope we've given you some clues on these pages on ways to to move forward with intention and hope. We're not just rebuilding our community; we need to establish new ways to connect and be. We live in such a creative and beautiful region: there's so much local opportunity to make music and hear music; see live theatre; write your own and enjoy others' poetry and fiction; make art and enjoy art; hike, swim, boat, walk, and run in nature; and more. Take a class at GBArts or Intersections; enjoy a great meal at one of our excellent independent restaurants; and definitely take part in the Wellness Walkabout: a celebration of health and wellness in downtown Owen Sound. And, to get you started check out our Heritage Downtown Walking tour. Remember, or learn.

Maryann

TAKE A WALK DOWNTOWN

2nd Avenue and 8th Street East mark the first intersection of the village of Sydenham. 8th Street East was the first street to be cut through the bush, away from the settlement by the Sydenham River. Look up as you walk; the upper storeys are more representative of the original architecture than today's modern storefronts. Originally on 2nd Avenue East's 800 block, you walked down three steps to enter stores on the west side, and up two steps on the east side.

mosaic + the owen sounder

PRESCRIPTION FOR DOCTOR WARS

Every small town, big city, province, and territory is in a desperate race to find and keep family practitioners. They sometimes poach workers from each other with signing bonuses of \$150K+ rather than get serious about policy change, community innovation, and planning.

For the more than 6000 patients in Grey-Bruce who don't have a family doctor, there is a glimmer of hope – not from governments but from patients, doctors, and community members banding together. The Owen Sound-based Regional Taskforce that started in 2003 has ramped up efforts to find and keep doctors who want to make Grey Bruce their forever home.

The Taskforce talked with local doctors and recruiters to find ways to sweeten the pot to attract young doctors. Here's what they were told:

1. Stop selling and start listening. Young doctors aren't looking for the same things as their predecessors. They aren't looking to be sold on Grey Bruce because it's a great tourist destination. They don't want to practice alone in a stand-alone office – they value connections and relationships with colleagues for life-long learning and career support; they want a work-life balance that supports their own, their families' and their patients' well-being.

2. It's not just about the money. Rural GPs report being willing to take lower salaries in exchange for help with the business end of starting a practice. In addition to start-up

support, advocating for the government to accelerate the move to a single electronic medical record system would dramatically improve patient care and family doctors' work while reducing time and costs.

3. Get medical students to visit – the longer, the better! Rural exposure is critical for increasing interest in future rural practice and lifestyle. Making Grey-Bruce the #1 choice for rural and family medical students from all six Ontario medical schools means offering housing support, a welcoming community, and professional experiences with mentors who are ready, willing, and able to guide learners.

4. Strong social and community support and appreciation works. Community support, employment assistance for partners, help to find schools and daycare, introductions to cultural and civic opportunities, recognition events and celebrations all help young doctors moving out of big cities to provide practical ways local communities and businesses can make Grey-Bruce first choice for family docs.

While every Canadian should have a family doctor who is there for them when they or the people they love and care about need help, it's not our reality today; we are fighting to find and keep docs. Let's end the bidding wars and make our communities more caring and welcoming for young professionals and their families – and healthier for all of us. If you want to learn more, please get in touch with Pat Kelly at pk@ patkelly.co.

WHAT STORIES WILL YOU TELL?

ARLEN WIEBE (HE/HIM)

When I think about the turning points in my life, I go back to being 12 years old. I remember the hot and humid Winnipeg summer. I see the boys on my baseball team and I see myself on the pitcher's mound. I throw pitch after pitch to a string of batters. Sometimes the ball threads through the invisible strike zone between the batter's elbows and knees. Other times, it flies wide. When the batter makes contact with the ball, one of my teammates pounces on it and throws it to first base.

That summer we were little boys in uniforms, searching for manhood. Then life threw me a change-up pitch. My absent father lay dying in a Regina hospital. My mother and I drove west to visit the man I barely knew. I entered his hospital room but the person lying in the bed was a stranger. I tried to feel sad but the feeling wouldn't come. We returned to Winnipeg and I played a few more baseball games.

A few weeks later, we buried my father beside a little

country church on the Saskatchewan prairie. At the end of the summer, my mother moved us to California. I was devastated. I didn't want to live in a foreign country with no friends and nothing familiar. All my boyhood routines came to an end. I never played baseball again.

What stories would you tell? Is it worth writing down your stories? Sometimes we think only people in the public eye have important stories; however, our own stories are valuable to ourselves and our families. We tell stories to make sense of our lives. We write so our children and grandchildren know what's happened to us.

I enjoy learning about people's lives and helping them write their stories. I can suggest writing prompts for recording your memories; write down or edit your stories; interview family members; and research your family history. To learn more, please visit your-life-stories.ca or email arlen.wiebe. writer@gmail.com.

REMEMBERING CHRISTINA RICHA DEVI

SAT DHARAM KAUR • •

A wise, spiritual, extraordinary, and kind elder, Christina Richa Devi, passed away gracefully on May 26, 2023. Christina was well known in the Owen Sound area for both the private sessions she gave in numerology and astrology, as well as for her group teachings in Ayurveda, mantra, and meditation.

I have known Christina for close to four decades, and was inspired by the eclectic wisdom she carried related to herbalism, Eastern philosophy, yoga, and nutrition and by the principled and simple lifestyle she embraced. Her home was a beautiful sacred sanctuary for many who sought her out for her wisdom and for healing retreats. She tended her gardens and the animals who came to visit with the same care she bestowed upon her friends and students – they were precious manifestations of the divine.

Christina's kindness was ever-present - she had something special to say to each individual she encountered so they knew that she both saw them and appreciated them. She would bring me a home-made cake each time she came to visit, and loved to talk about current affairs and the books she was reading. Ever curious, Christina had an insatiable thirst for knowledge and deep wisdom, and had studied personally with some of the great teachers of our time - Stanislav Grof, Joan Halifax, Ram Dass, as well as a Mohawk medicine woman, a Cherokee shaman, and spiritual teachers from India, including Shri Harish Johari and Amma.



for astrology and eastern religion in her monthly newsletters, which were thoughtful, uplifting, contemplative reminders of how to live with grace and consciousness.

I will miss our talks, our annual trips to Big Bay for ice cream and a swim, our walks in the forest and our garden tours. Thank you, Christina, for the gifts you have shared with us.

Christina shared her passion



AUTUMN 2023 3

Heated Storage Units - 519-416-4722

AT INTERSECTIONS WOOD COLLABORATIVE



Intersections Wood Collaborative (IWC) is a not-for-profit woodworking studio offering wood-focused learning opportunities for everyone. IWC has Open Hours from 10 to 3 Tuesday, Wednesday, and Thursday, as well as studio space available to rent. Upcoming classes include:

 Woodturning: Segmented Construction with Carl Durance Saturday September 23 & Sunday September 24 Learn to create beautiful designs by stacking and turning patterned rings of



wood in this intermediate-level course.

Exquisite Hinged Box with Pierre Rousseau Wednesday September 27 – Sunday October 1 Take your skills to the next level in this 5-day course for experienced woodworkers. Learn how



to shape and join your choice of woods, line the box interior with veneer, and to apply decorative features that will render it one of a kind.

For more information and to register for these and other woodworking classes, visit intersectionsstudio.com or email info@ intersectionsos.org.



HIKING AND FAMILY FUN AT HARRISON PARK

Don't miss this opportunity to celebrate Bruce Trail Day in the scenic surroundings of Harrison Park in Owen Sound. Everyone is welcome to join us from 1:00 to 3:00pm on Sunday, October 1 for this special event, organized by the Sydenham Bruce Trail Club (SBTC).

Upon arrival, be sure to capture a memorable moment at our interactive "Welcome" banner with a vibrant display which provides the perfect backdrop for a photo op. Then take a family-friendly hike on the Harrison Park Sidetrail, which ventures into the picturesque Bruce Trail. Participants will have the chance to appreciate the beauty of nature while enjoying a leisurely hike suitable for all ages. For those seeking a longer adventure, a challenging trek will take you within the Palisades section of the Bruce Trail, offering hikers a chance to immerse themselves in the beauty of nature, witness stunning geological formations, and experience the tranquility of the wilderness. Families are in for a treat with our Children's Treasure Hike, a delightful activity that combines adventure and learning. Kids can embark on a quest to find hidden treasures scattered throughout Harrison Park. Each discovery will bring them one step closer to earning a keepsake to proudly display their accomplishment.

Want to delve deeper into the world of the Bruce Trail Conservancy? Engage with passionate volunteers who will gladly answer your questions, provide insights into the trail's history, and showcase the vital role the SBTC and BTC play in promoting both recreation and conservation. Learn how you can support their work and take action to preserve this natural gem for future generations. Together, let's play our part in supporting Ontario's most cherished trails. For more information, email publicity@sydenhambrucetrail.ca, or visit sydenhambrucetrail.ca.



This is Hope.

Hope is a child who needs you. *Hope* is also a powerful force that can transform lives. It has the ability to diminish feelings of helplessness and boost happiness, while also reducing stress and improving overall quality of life.



The *Hope for Our Kids Fund* is a beacon of *hope* for children living in Bruce and Grey counties, providing them with essential resources and support for children like *Hope*.

By contributing to the *Hope for Our Kids Fund*, you have the power to directly impact the life of a vulnerable child. Over 800 kids along with their families benefit from this fund each year. Your donation can provide immediate assistance and support.

Hope matters because it has the potential to transform lives. Through the *Hope for Our Kids Fund*, you can join us in bringing *hope* to *Hope* and other children and families in need. Together, we can make a difference and create a better future for all.

Give hope today. Visit DonateHope.ca.



AT THE ROXY

While the days of summer dwindle, The Roxy Theatre/ Owen Sound Little Theatre (OSLT) are busy preparing for a 2023/24 season full of live theatre, comedy, music and more! Starting in September OSLT is launching its 63rd season with **Bite-Sized Theatre: One Act Plays**. These three short plays will be presented September 14-16 at 7:30pm, followed this up with the classic play **One Flew Over the Cuckoo's Nest** in November, the humorous Norm Foster play **The Ladies Foursome** in February 2024, and the hilarious musical **Something Rotten!** in April 2024.

This season promises a balance of drama and comedy, all put on by the incredible volunteers who make these productions possible. Single tickets are available now as well as discounted tickets through our OSLT Flex-Passes. If you are buying tickets in a group of 10 or more, reach out to the Box Office for our group rates.

The Roxy Presents series is back with a great variety of entertainment. Geri Hall and Gary Pearson take the stage September 29 with their hilarious sketch comedy Middle Raged. Leisa Way & The Wayward Wind Band celebrate the remarkable life and career of Gordon Lightfoot in Early Morning Rain: The Legend of Gordon Lightfoot on October 7. Twist of Fate tells the incredible story of LookUp Theatre's Artistic Director Angola Murdoch through aerial dance on October 13 and 14. Get ready to laugh on October 21 at the Stand-Up Comedy Showcase with Toronto based comedians Laurie Elliot and Arthur Simeon. The Slocan Ramblers take the stage December 1 with their bold and dynamic bluegrass band. On December 3 join Choir! Choir! Choir!, the Toronto-based singing group, as they teach the audience an original arrangement to a song you love. Maggie's Wake: Spirit of the Season is a Canadian roots band that combines traditional Celtic instrumentation with a contemporary approach, coming to The Roxy December 9.

Back by popular demand are the **Mudmen in Concert** on January 19. Experience Acrobat – The U2 Tribute on February 23. Returning to the stage is **Shipyard Kitchen Party's** Tom Thomson's Wake, an original folk musical augmented with high-definition images of the artwork of Owen Sound's own Tom Thomson on May 3. Classic Albums Live Performs: **Led Zeppelin – Led Zeppelin II** closes out the Roxy Presents series on May 4.

Roxy Young Company is gearing up for another busy season with camps, classes and performances. The Roxy Young Company classes are divided into Act 1 (SOLD OUT), which runs September-December, and Act 2, which runs



January-April and will focus on team building while they learn aspects of performing (singing, dancing and acting) as well as backstage elements such as props, costumes, sets and tech that support the RYC Spring Production. Be on the lookout for information about auditions for that Spring Production, The Addams Family, that will be held in December 2023. The show opens June 2024, tickets are now on sale.

The Roxy's latest program, The Roxy Star Company, had their final talent show on June 29. The participants showed off their talents, which included singing, dancing, skits and more! The program, which provides an opportunity for adults living with complex needs including intellectual, developmental or physical disabilities to participate in theatre, will be running again from March to June 2024.

There is also a variety of additional music and entertainment that other promoters are bringing to The Roxy. For more information on all of our upcoming events please visit www.roxytheatre.ca, or call the box office at (519) 371-2833. You can also check out our membership and donation opportunities and help support The Roxy, our vibrant local theatre. Businesses or individuals interested in sponsorship opportunities at The Roxy are encouraged to contact our Executive Director Marcia Cunningham at marciac@roxytheatre.ca. We look forward to seeing you soon!

WONDERLAND SINGERS

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Come sing with Coco Love Alcorn and the Wonderland Singers at 6:45 to 8:30pm Monday nights (October 9 to



Monday nights (October 9 to December 11) at the Harmony Centre (890 4th Avenue East). This is a non-auditioned, local, in-person community choir. The group will be singing a mix of Coco's songs, cover songs, and music of the moment; it will focus on folk, soul, and spirit-lifting music. Songs will be taught by ear. Everyone who loves to sing is invited to take part. This group is mostly intended for adults; however, mature tweens or teens are also welcome. About once a month, there will be a social after singing, with snacks and chit-chat time.

Advance registration is required. The cost is \$160 for the 10 sessions. Register at wonderlandsingers.com. Questions? Get in touch: cocolovealcorn@gmail.com. OK, see you on October 9...woot!

NEW BOOK

DON'T LOOK BACK: POEMS, PROSE, SONGS BY ROB ROLFE

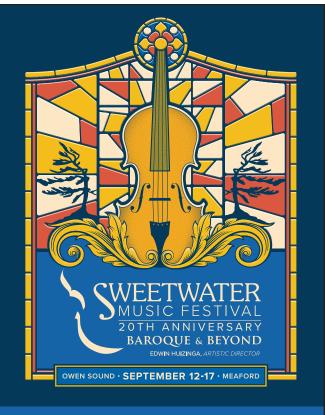
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Local poet Rob Rolfe will be launching *Don't Look Back: Poems, Prose, Songs* at the Ginger Press Bookshop on Wednesday, October 25 at 7 PM. This is Rob's seventh book of poetry and, as its title indicates, it contains writing in multiple genres. Like his earlier books published by The Ginger Press – *Hart Rouge* and *Sturgeon Bay* – this book explores local history, nature, his own past, and social justice themes.

When Rob arrived in Owen Sound in 2012, he was strictly a book poet. By 2015, he had teamed up with local songwriter Larry Jensen, performing with him for two years as Owen Sound Poets Laureate. This led Rob to add performance-based poetry and songs to his well-established style of writing.

At the upcoming launch, special guests Larry Jensen and Dave Hawkins, who often perform with Rob as Two Singers & a Poet, will sing songs from Rob's new book. Please join us on October 25 and pick up your own signed copy of *Don't Look Back: Poems, Prose, Songs* (\$24.95).





sweetwatermusicfestival.ca

WELLNESS WALKABOUT

10:00-4:00 SATURDAY SEPTEMBER 23

Join us for this one-day self-guided opportunity to learn more about the remarkable variety of health and wellness products and services in downtown Owen Sound. Eight local businesses will open their doors to show you what they're up to, with demonstrations, samples, talks, tours, and more. Visit these participating venues to learn more:

1. HAPPY EARTH 791 2ND AVENUE EAST

Owner Kim Keskinen will do talks about how to live more sustainability and showcase some of the products Happy Earth carries to make this happen. Topics covered will include how to backyard compost, what types of flowers to grow to help pollinators, what types of materials are more sustainable when choosing products to buy, and so much more!

2. BOON BAKERY 813 2ND AVENUE EAST

Boon Bakery is a dedicated gluten and dairy free bakery with many vegan options. Boon means, "a helpful or beneficial thing" and we hope we are just that for everyone with dietrary restrictions or particular lifestyle choices. We bake a variety of breads including sourdough, sandwich loaves, buns, flatbreads and pizza crusts. We also make a wide range of cookies, squares, cakes, cupcakes, muffins, and pastries, and we have a small grocery section with gluten and dairy free produces.

3. RUNNER'S DEN 801 2ND AVENUE EAST

Find out what a difference a proper shoe can make! Try on some of our finest running shoes to find the best fit for you. Join our 7:30 morning open group run, or walk/run throughout the day. We'll have lots of instore specials too!

4. OWEN SOUND WELLNESS CENTRE 221 8TH STREET EAST

As an Integrative Nutrition food and lifestyle coach, owner Winnifred Walcott will offer free mini health consultations as well as information on Epigenetic bio profile, inbody composition, wearable technology, whole body detoxification and ion cleanse foot baths, weight management, selfcare, better sleep, increased energy, balance, and age reversal.

5. LAWSON'S 917 2ND AVENUE EAST

At Lawson's, we strive to be your trusted neighbourhood nutrition source, offering you guidance on all your natural health product needs. We are a full-service health food store, family owned and operated since 1968. During Wellness Walkabout, Lawson's will be featuring demos, samples, and more.

6. ALL MY RELATIONS GIFT SHOP 895 3RD AVENUE EAST

Wellness Walkabout Day (September 23) is the opening day for All My Relations Gift Shop! Stop by to say hi to owner Trish Meekins. All My Relations features crystals and tarot cards, as well as First Nations art, crafts, books, and jewelry pieces and medicines, incense, and natural products.

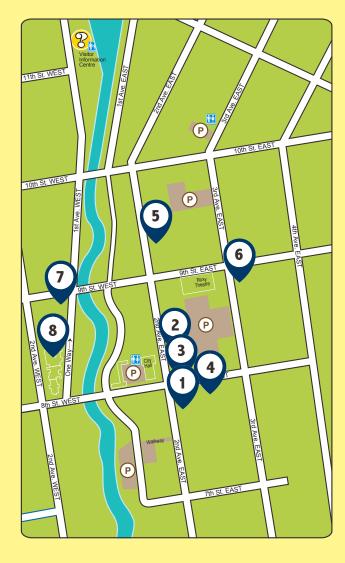
7. TONE YOGA 900 1ST AVENUE WEST

Please join us at Tone Yoga, located in a beautifully renovated former church, for mini yoga sessions and to learn all about what yoga can do for you. Free mini-sessions will be at 11:30am, 1pm and 2:30pm with an opportunity to chat with the teacher after. We'd love to see you here! You can also enter your name in a draw for a 3-class pass and a 10-class pass, plus, everyone who comes will receive one free class pass!

8. OWEN SOUND & NORTH GREY UNION PUBLIC LIBRARY 824 1ST AVENUE WEST

Peruse our special display of health and wellness books, and learn more about the incredible online resources available through the Library, as well as our Library of Things available including ukuleles, binoculars, Chromebooks, park passes, digital radon detector, seed library, and so much more!





A one-day self-guided walking tour of remarkable downtown health and wellness opportunities. Demonstrations! Product Samples! Tours! Health Talks! Door Prizes! Free Parking!

Take time to get healthy. Replenish yourself on the Wellness Walkabout. Enjoy the journey!

- 1. HAPPY EARTH 791 2nd Avenue East (647) 269-9869
- 2. BOON BAKERY 813 2nd Avenue East (519) 416-7000
- 3. RUNNER'S DEN 801 2nd Avenue East (519) 371-1577
- 4. OWEN SOUND WELLNESS CENTRE 221 8th Street East (226) 664-0407
- LAWSON'S 917 2nd Ave East (519) 376-7628
- 6. ALL MY RELATIONS 895 3rd Ave East (519) 376-2062
- 7. TONE YOGA 900 1st Avenue West toneyoga.ca
- 8. OWEN SOUND & NORTH GREY UNION PUBLIC LIBRARY 824 1st Avenue West (519) 376-6623



Trish Meekins 519-376-2062 895 3rd Avenue East Owen Sound ON N4K 2H3

917 2nd Avenue East, Owen Sound, ON

www.lawsons.ca

IEALT

A DECADE OF DIALOGUE: THE OWEN SOUND HUB

When Michael Den Tandt and Paul Lachine started the *Owen Sound Hub* in 2013, they explained their motivation: "We built this website because we believe the people of Owen Sound and the surrounding area deserve to have, and in fact need, their own viable, free-standing, locally controlled and operated newspaper. We are here to tell the stories other media don't, can't or won't – stories about local news, local politics, local sports, local music, theatre and art, local entrepreneurialism and innovation."

During my eight years as owner and editor, we have tried to bring you as many of those local stories as we could. Michael made pledges to Hub readers in his introduction that we have worked hard to honour ever since. First, "to welcome your voices and give them pride of place, not to filter them. We will not run or host any material that is libelous or slanderous, hateful or bigoted towards any group. But within and guided by those time-honoured standards, we will give your voices, opinions, and ideas free reign – with a view to creating a thriving free marketplace of ideas, right here in Owen Sound."

And second, "In our coverage of public life in Owen Sound we pledge to be fair, honest, critical or supportive of political leadership when warranted, as befits media in a democracy, and to always keep the interests of taxpayers and residents uppermost. There can be no greater role, for media, than to be a public watchdog, in the interest of the people."



This is the role that meant the most to me as editor, and it is our biggest risk if local media is not sustained going forward. That first edition predicted the Hub "will become what we make it, together." Thank you for helping us make it something of which we can all be proud.

On Saturday, October 28 you are invited to drop-in to St. George's parish hall at 4th Avenue East and 11th Street from 1 to 4 for a farewell and celebration of 10 years of the *Owen Sound Hub*.



mosaic + the owen sounder

WORDS ALOUD POETRY FESTIVAL

After a four-year hiatus, Words Aloud – one of Ontario's finest regional poetry festivals – is back! There is something for everyone this year, as we are featuring a special line-up of poets representing dazzlingly diverse backgrounds and traditions. As part of our evolution, we are hosting separate events in September and October, and extending our reach, with activities in Durham, Meaford, and Owen Sound. As always we have complimentary tickets for those enduring financial hardship, and, in a continuation of the practice established in 2019, we will have buses available for inter-community travel. All venues are accessible.

1:00 to 3:00 Saturday September 9

at Durham Art Gallery, 251 George St East, Durham Multimedia Poets in Durham featuring Daniel Scott Tysdal's inventivness; Kevin Andrew Heslop's poetry films, and Gary Barwin's visual verse, as well as Collingwood's Poet Laureate, Jillian Morris.

7:00 to 9:00 Friday October 20 at Craig Gallery, 4 Sykes Street North, Meaford Featuring **Robert Menzies**, **Janice Jo Lee**, and an open mic – so get writing!

11:00 to 4:00 Saturday October 21

at M'Wikwedong Centre, 1045 3rd Avenue West, Owen Sound **Community Poetry Workshops** featuring **D.A. Lockhart** and **Penn Kemp**.

7:00 to 9:00 Saturday October 21

at OSNGUP Library, 824 1st Avenue West, Owen Sound Main Stage Event featuring **Sarah Lewis**, **Stuart Ross**, **Brandon Wint**, and **Richard-Yves Sitoski**.

1:00 to 3:00 Sunday October 22

at Tom Thomson Gallery, 840 1st Avenue West, Owen Sound Main Stage Event featuring **Kim Fahner**, **D.A. Lockhart**, **Penn Kemp**, and **Barry Dempster**.

For more information, including ticketing, please consult our website at wordsaloud.ca.



We have a changing roster of exhibitions throughout the fall.

Our focus continues to be on figurative art and works on paper, and we also carry a selection of natural and decorative Japanese papers. Drop in the next time you are in downtown Owen Sound - there is always something interesting to see.



Regular hours are Wednesday to Saturday, from noon to 5pm 883 2ND AVE E., OWEN SOUND 226-664-2776

GOWENSOUND GREYGALLERY.CA

DAVID GIULIANO IN OWEN SOUND

David will be discussing his first novel *The Undertaking of Billy Buffone* at 2:00pm on Saturday October 21 at The Ginger Press in downtown Owen Sound. Described as "a fearless journey into the troubled souls of the citizens of a close-knit northern Ontario town, where truths are revealed and shame loses its power," this book brings



David Giuliand

folks together in a universal human experience of loss and redemption.

David Giuliano is an award-winning writer of articles, essays, and poems. In 2006, at the 39th General Council of the United Church, he was elected as the Moderator for a three-year term. He is the son of Owen Sounders Bob (1934-2012) and Betty Giuliano.

SORRY, YOU'RE NOT MY BLOOD TYPE

You may wonder how to repel unwanted attention or reject a pick-up line in our over-medicalized environment. Or, perhaps, the conversation you want to avoid may just be another's well-intentioned sharing of signs and symptoms of health concerns. Remember the good old days of symptom-free banter?

We could fall back on standard safer subjects, such as sports and the weather. As for politics: Yikes!, as they say in the comics. Yet, we know when small talk has become too small – then the fear of open dialogue has taken hold. Not so quiet alarm bells should be ringing!

We need a place for every person's view and a home for lively conversation. We here in Grey-Bruce need to find the support gatherings that welcome and encourage passing the invisible mic around the room. For this, my favourite spot is at The Ginger Press Bookshop and Cafe, here in downtown Owen Sound. I come away from my visits nourished, both inside and out.



ALONG THE LINE OF SMOKY HILLS...

William Wilfred Campbell (1860-1918), is best known for his poem "Indian Summer", beloved of school children everywhere. Born in Kitchener, Campbell was ten when the family came to Wiarton, where his father was the first rector of Trinity Anglican Church. After finishing high school in Owen Sound in 1879, he taught in country schools near Wiarton, at Purple Valley, and No. 4 Keppel. In 1883, Campbell married Mary Louisa DeBelle, a teacher at Wiarton Public School, but kept his wife a secret for two years, until he and Mary moved to a parish in New Hampshire, perhaps because Campbell wasn't able to support a wife and she would be barred from teaching if it were known she was married.

Following his father's lead, he studied for the ministry in Toronto and Massachusetts. He was ordained a minister of the Protestant Episcopal Church in 1886 and took the position of rector in St. Stephen, N.B. Perhaps feeling the call of the Bruce again, he accepted the rectorship of Southampton parish in fall 1890. The Campbell family moved into the Anglican rectory at 79 Albert Street North.

Campbell didn't last long at St. Paul's Anglican Church. The Dictionary of Canadian Biography explains, "His last charge, in Southampton, was short and acrimonious; the congregation's failure to pay him compounded his frustration with clergy life, changing faith and faltering health." He resigned from the ministry in early 1891, and moved to Ottawa to take a civil service job. While in New Brunswick Campbell published *Lake Lyrics and Other Poems* (1889). It contains "Indian Summer" and many odes to the waters about the Bruce Peninsula, such as "By Huron's Shore", "August Evening on the Beach, Lake Huron", "Sunset, Lake Huron", and "August Night on Georgian Bay".

Parks Canada has declared William Wilfred Campbell a National Historic Person. He has one plaque dedicated to him, in Kitchener. It reads, "the Bruce Peninsula where he spent his early days was the inspiration for his best poetry". Wiarton has honoured Campbell with a memorial cairn in Bluewater Park and placed his boyhood home at 266 Mary Street on the Wiarton Heritage Walking Tour. Do you remember all the lines of Campbell's famous poem? Here they are:

INDIAN SUMMER

Along the line of smoky hills The crimson forest stands, And all the day the blue-jay calls Throughout the autumn lands. Now by the brook the maple leans With all his glory spread, And all the sumachs on the hills Have turned their green to red. Now by great marshes wrapt in mist, Or past some river's mouth, Throughout the long, still autumn day Wild birds are flying south. Local artist Louise Moore has illustrated a fi

Local artist Louise Moore has illustrated a full-colour children's book based on William Wilfred Campbell's poem Indian Summer (\$14.95). She was inspired by his simple and direct words to create a series of stunning paintings which bring the poem back to life for today's young readers.

HANOVER PUBLIC LIBRARY'S Annual book sale

CAROLYN CASKANETTE •

The Hanover Library's Annual Book Sale is fast approaching. Mark your calendars and plan to visit. The sale starts at 9am on Friday, October 20 and runs through the weekend at the Hanover Raceway. If you want a chance to be amongst the first people to check out the awesome selection of books, DVDs, CDs, puzzles, and games, come and join us for our extremely popular preview evening on Thursday, October 19. Tickets (\$10) for this event are available at the library.

We are indebted to our amazing team of volunteers who work tirelessly all year sorting, cleaning, and organizing every donation that comes our way. We pride ourselves on the high quality and great selection of the materials made available to you, that are eagerly awaiting to go to their new homes!! We have heard your requests and this year have stocked up with lots of puzzles. Come early to get the best selection.

All purchases are by donation and the proceeds go directly to the library to help fund the many programs and events that will be running during the upcoming year. For more information please contact the library at (519) 364-1420 or visit our website: https://hanoverlibrary.ca/ events/library-book-sale. We look forward to seeing you!

WRITING FOR FUN & Money

MIRANDA MILLER

Whether you want to write a novel, self-publish a family history, or launch a career writing for clients and publications, you'll need a few new tools and habits to ensure your success. In this one-day in-person workshop, author and editor Miranda Miller opens her toolkit developed over 20 years of writing for a living and shares what you need to know to get started, or keep going. Launch a side gig writing for pay. Write and publish your book. Sell articles to magazines. Get paid for writing what you love. Subjects covered will include copyright, content licensing, work for hire contracts, how to structure writing assignments/deals, and more in addition to the practice of writing. Register now for this one-day working to be held at a remarkable new venue in the Beaver Valley from 8:45am to 4:30pm on Saturday October 7. Registration is limited (\$275; includes a delicious, healthy lunch and a comprehensive workbook). Contact miranda@millerschwandtmedia.com.

NEW BOOK The Butternuts are gone by ROB ROLFE; illustrated Jerry Silverberg

Owen Sound poet Rob Rolfe has teamed up with Toronto artist Jerry Silverberg to tell a story set in Owen Sound in the early 1900s. The story involves Branningham Grove, which was operating then as a "men's sporting house" frequented mainly by Great Lakes sailors. This Victorian house, known later to locals as Louie's Steak House, is gone now, along with its signature grove of butternut trees. Rob Rolfe's poem, illustrated by Jerry Silverberg's stunning linocut prints, brings history back to life in this charming little art chapbook. Available in Owen Sound at The Ginger Press and Grey Gallery (\$15), or by contacting the author at littlemudtown@yahoo.com.

WRITE@ YOUR LIBRARY

Are you a young writer?

Do you have a story to tell? The 2023 Write @ Your Library creative



writing contest is seeking submissions of short stories and poems from students in grades 7 to 12 from across Grey-Bruce. Winning entries will receive cash prizes of up to \$100. Submissions are also invited for the Write for 2023 for the anthology cover design; the winner will receive \$100.

This event is coordinated by the Owen Sound & North Grey Union Public Library and is enabled through the partnership of United Way, and the libraries of Bruce County, Grey Highlands, Hanover, Meaford, Southgate, and West Grey. For more information, please contact Sarah Chamberlain, OSNGUP Library Youth Services Assistant at schamberlain@library.osngupl.ca or (519) 376-6623.



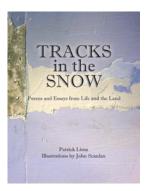
Felt Snowman Wreath, Mr. & Mrs. Claus and the cutest Elf EVER. To order, contact Catherine Caple at hissymcspitty@gmail.com

NEW BOOK..... TRACKS IN THE SNOW: POEMS & ESSAYS FROM LIFE AND THE LAND BY PATRICK LIMA WITH ILLUSTRATIONS BY JOHN SCANLAN

Owen Sound's Ginger Press, long-time supporter and publisher of local authors, is pleased to announce *Tracks in the Snow: Poems & Essays from Life and the Land*, a surprising new book by bestselling garden writer Patrick Lima, illustrated throughout with original artwork by John Scanlan. In turns thought-provoking, humorous, and moving, *Tracks in the Snow* explores both inner and outer landscapes, touching on themes of nature, change, life's inevitable losses, acceptance, and new beginnings.

Almost fifty years ago, Patrick and John departed from downtown Toronto to establish a new life on the Bruce Peninsula. Here, they transformed a rough hayfield into Larkwhistle, a remarkable oasis of organically grown vegetables, herbs and flowers, visited over time by thousands of enthusiasts who marveled at such a lush and beautiful garden on a back country road. Although the garden has been closed to visitors for almost ten years now, the pair have continued their creative endeavours, as seen by their new book.

Drawn from decades of rural living, *Tracks in the Snow* has grown – organically, you might say – from a long and close connection with the rugged landscape of the Peninsula, its many



creatures, hiking paths, towering cliffs, and clear waters. Characterized by keen observation and spirited reflections, this new book of poems, personal anecdotes, and philosophical musings is sure to appeal to all lovers of nature, art, and good writing – maybe even to folks who think they don't like poetry!

Signed copies of *Tracks in the Snow* are available locally from the Red Schoolhouse Gallery at Ferndale, as well as The Art Shoppe, Miller Lake, as well as in-person and online directly from The Ginger Press in downtown Owen Sound and at gingerpress.com.



599448 2nd Concession North Annan, Ontario (519) 371-9565 www.coffinridge.ca In the mineral soil, in the shadow of the Niagara Escarpment, the vineyards at Coffin Ridge were hand planted starting in 1999. The grapes are carefully tended from bud break through veraison to lush maturity. They are then gently harvested and ushered swiftly to their demise. Grapes no more. The transformation from grape to wine, from death to life, is mysteriously accomplished by our talented winemaker. Part scientist, part artist, true alchemist, he breathes life into every bottle. Savour each sip and, as you do, you too will say there is life after death.

Discover the mystery of wine in Grey County.

AT GREY GALLERY

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Grey Gallery specializes in figurative art, and for the month of September they are hosting an exhibition of paintings by two women artists, both with an element of the surreal:

Karen 'Iris' Lucas: In her series Blue Woods, Iris Lucas creates very painterly expressionistic paintings in oil depicting her surreal interpretation of our evolved future world after an unknown (war, societal or environmental) event. All the figures are set beside the (Sydenham) river, and the themes are rebirth, and females as survivors.

Cindy Norton: In this exhibition, Cindy Norton takes a new direction in her art with figurative expressionist collage paintings. The gaze of her subjects often appears neutral, thus inviting the viewer to look past their presented facade. These portraits contain an element of surrealism and a sense of solitude which are at times both strange and powerfully evocative.

LEFT: *Bird's Eye View* by Cindy Norto*n*

BOTTOM: *In the Beginning* by Karen 'Iris' Lucas







GREY SAUBLE CONSERVATION FOUNDATION MEMORIAL FOREST PROGRAM



Plant a tree in memory of a loved one at Pottawatomi (Owen Sound), Griersville (Meaford/Beaver Valley), or Big Mud Lake (Wiarton) Conservation Area

The Memorial Forest Program is a meaningful way to connect conservation and people. The memorial forests are a beautiful way to remember the life of a friend or loved one by providing a living memorial for the future.



For more information, contact GREY SAUBLE CONSERVATION AUTHORITY FOUNDATION (519) 376-3076 foundation@greysauble.on.ca

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		Imagine Yourself Here	e visitgrey.ca	
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	Route 1	Highway 10 Owen Sound to Dundalk	MON to SUN	
	Route 2	Highway 10 Dundalk to Orangeville	MON to FRI	
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BOOK Grey.ca/GTR 回深說回	Route 4	Highway 26 Meaford to Blue Mountain	MON to SUN	
CALL 1-226-910-1001	Route 5	Highway 6 Owen Sound to Wiarton	MON to FRI	

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LAND OF THE BIG SMOKE

In early June, 2023, smoke from wildfires in Quebec blanketed Ontario and turned New York City skies orange. Bruce County escaped the worst of the big smoke, but it hasn't always been so lucky. Locally, bush fires peaked in the late 19th century and early 20th. Not content with clear-cutting the old-growth forest, lumber companies left behind "slash" – logging debris of wood chips and branches. Add a prolonged drought, high winds and one lightning strike and you have the recipe for a devastating conflagration.

Whether called wildfire, forest fire, or bush fire, the result is the same: a blackened landscape, crops and buildings destroyed, animals killed. The drought of 1881 led to many bush fires. In eastern Michigan the Thumb Fire of September 5 burned over a million acres and killed 282 people. Thick smoke blew east, turning the sky yellow in New England. That month, bush fires were common in Bruce County too. There had been no rain for a month, wells and creeks ran dry, and barns burned.

In Port Elgin, fire destroyed George Grier's shingle mill. On Sept. 2, 1881 the *Wiarton Echo* reported Wiarton was enveloped in wild fire smoke so dense as to be almost suffocating. Out on Georgian Bay, the *Norcross* was forced to turn back.

The Owen Sound Advertiser said on September 13, 1881, that Lake Huron was covered with the bodies of thousands of birds smothered by the heavy smoke. When historian Bruce Krug interviewed Stuart Robertson of Lucknow in 1965, Stuart recalled the smoke from the 1881 fires: "My father was sowing fall wheat and it became so dark that he couldn't see the wheat track to sow the wheat. There was a lady living nearby and she had no timepiece. With the darkness she did not think it was time to get up and when they informed her of the smoke she became frightened and thought the end of the world had come – so she carried her furniture out of the house."

Gordon Hepburn remembers all too well the Bruce Peninsula bush fire of August 1908. As he wrote in the 1969 Yearbook of the Bruce County Historical Society, though he was five years old at the time it was forever "emblazoned on my mind." A fire started at the Eastnor Swamp in the slash left from winter timbering operations. A hot summer breeze drove the fire toward the Hepburn home five miles east of Hope Bay. Around 10 a.m., they noticed a rising column of smoke which quickly rolled over the whole of the western horizon. "Our parents realized this was going to be a bad fire and began to make hasty preparations to fight it and save what they could. The men rushed to remove portions of log and rail fences close to our buildings, got all animals and persons out of those structures, readied containers of water and instructed all the children to stay in one specified spot with our mother and older sister in the yard."

At about 11 a.m. their home became engulfed in an acrid pall of blinding smoke and they could feel the heat. "Our mother put wetted cloths over our faces and had us lie flat on the ground in the dooryard. We could hear timber crashing, occasionally a frenzied animal rushing madly by in the smoke. As the heat and smoke increased until it was almost unbearable, with embers falling around, firing our clothes at times, we began to have difficulty in breathing." Many animals, while running in the smoke, had plunged over the escarpment, to die on the rocks below. The children would often step in hot embers as they rushed over burned areas in bare feet. Before putting them to bed, their mother would rub their blistered feet with grease.

Lynn Watson of Tobermory recalled how his grandmother, Martha Watson, survived the great fire of '08. She was living in a lumber and fishing camp at Johnston Harbour on Lake Huron when the fire started. They escaped onto Lake Huron in a wooden fishing boat with four-yearold Louis and two-year-old Myra and some supplies. The smoke was so thick it was difficult to breathe, so they soaked blankets in water and covered the children. They couldn't venture far from land, as sudden winds could swamp their overloaded boat. Martha saw deer, bears, foxes and wolves outrunning the fire, jumping into the water and swimming out to rocky points of land. It took two days before it cooled down enough to return to land.

Gordon Hepburn told Bruce Krug of a big forest fire in 1912 which started in the Eastnor Swamp and spread eastward. In the whole of July he couldn't see the Hope Bay schoolhouse because of the smoke, though it was only a short distance from the farm. At night it never got dark because of the glow in the sky from the fires. During the day the sun appeared as a copper disc. A layer of soot and ashes kept falling on everything. Afterward the ground was bare rock – not even any moss left.



